#### LIST OF SOURCES

#### Part One: Cumberbatched

'The greatest hazard of all, losing one's self, can occur very quietly in the world ...': Søren Kierkegaard, *The Sickness Unto Death*, Penguin Classics, London, 1989

The 'shattering' is what the writer Sarah Manguso calls it in her *Harper's* essay ...: Sarah Manguso, 'The Grand Shattering', *Harper's Magazine*, August 2015

Columnist for *The Times* Caitlin Moran once drunk-tweeted while watching *Sherlock* ...: The tweets are long gone but Moran has referenced them on several occasions, including in *Moranifesto*, Random House, 2016, p360, and in this interview:

saradobiebauer.tumblr.com/post/98489228751/caitlin-moran-on-benedict-cumberbatch

'Thirsty, but only for water taken from one particular well,' in the words of Balzac: Lennard J. Davis, *Obsession: A History*, University of Chicago Press, 2008

I learned that top-shelf word from a Tumblr user calling herself Professor Fangirl, writing about Benedict Cumberbatch: 'I have an erotic cathexis ...': professorfangirl.tumblr.com/post/43622423520/benedict-cumberbatch-is-not-my-bitch-some

I even filled out a questionnaire for you, something called the 'Celebrity Attitude Scale' from a psychology journal: John Maltby, Liza Day, Lynn McCutcheon, James Houran & Diane Ashe, 'Extreme celebrity worship, fantasy proneness and dissociation: Developing the measurement and understanding of celebrity worship within a clinical personality context', *Personality and Individual Differences*, 2006, Volume 40, Issue 2, pp.273-283

One said celebrity worship is associated with criminality: Lorraine Sheridan, Adrian North, John Maltby & Raphael Gillett, 'Celebrity worship, addiction and criminality', *Psychology, Crime & Law*, 2007, volume 13, issue 6, 559-571

'maladaptive daydreaming' and 'problematic Internet use': Ágnes Zsila, Lynn McCutcheon, & Zsolt Demetrovics, 'The association of celebrity worship with problematic Internet use, maladaptive daydreaming, and desire for fame', *Journal of Behavioral Addictions*, 2018, volume 7, issue 3, pp.654–664

'irresponsible', 'subordinate' and 'foolish': Lynn McCutcheon & John Maltby, 'Personality Attributions About Individuals High and Low in the Tendency to Worship Celebrities', *Current Research in Social Psychology*, 2002, issue 7, pp.325-338

There was also a study of a Cliff Richard fan club ...: Marylouise Caldwell & Paul Henry, 'Living Dolls: How Affinity Groups Sustain Celebrity Worship', *AP - Asia-Pacific Advances in Consumer Research*, 2009, volume 8, pp. 247-248

I was, however, compelled by one study to measure the length of my second and fourth fingers: Haeng Ryang Huh, 'Digit ratio and celebrity worship', *Personality and Individual Differences*, 2012, volume 52, issue 3, pp.265–268

I borrowed a book from the library called *Obsession: A History* ...: Lennard J. Davis, *Obsession: A History*, University of Chicago Press, 2008

There's a *Saturday Night Live* skit about this ...: *Saturday Night Live*, NBC, season 42, episode 5, 5 November 2016

Benedict Cumberbatch once said in a Q&A that the worst insult ever levelled at him was 'arsenamed, horse-faced': John Hiscock, 'Why do women go nuts for me? Benedict Cumberbatch on his weird life as a sex symbol', *Mirror*, 13 June 2012 In the Ebers Papyrus, we can read the cure for an uppity uterus: Cecilia Tasca, Mariangela Rapetti, Mauro Giovanni Carta, & Bianca Fadda, 'Women and hysteria in the history of mental health', *Clinical practice and epidemiology in mental health*, 2012, volume 8, pp.110–119

In his *Treatise on Lovesickness* from 1623, the physician Jacques Ferrand says uterine fury ...: Jacques Ferrand, *A Treatise on Lovesickness*, Translated and edited by Donald A. Beecher and Massimo Ciavolella, Syracuse University Press, 1990

'You want your effects to be good but not too good': Daniel Bergner, *What Do Women Want?*, Canongate Books, 2013

It's an idea we've borrowed from the popular narrative of recovery and addiction ...: Helen Keane, *What's Wrong With Addiction?*, Melbourne University Press, 2002

When you have eliminated the impossible, whatever remains, however improbable, must be the truth: The exact quote from the original 1890 Sherlock Holmes stories is: 'How often have I said to you that when you have eliminated the impossible, whatever remains, *however improbable*, must be the truth?' Arthur Conan Doyle, *The Sign of the Four*, Penguin Classics, 2001

Kelly Dudzik, 'IT HAPPENED TO ME: I Became So Obsessed with Benedict Cumberbatch That I Was Sure We'd Get Married', *xoJane*, 29 July 2016

Michelle Barrow, 'IT HAPPENED TO ME: My Gynecologist Found a Ball of Cat Hair in My Vagina', *xoJane*, 3 September 2015

... according to the self-described 'Zen rabbi' Alan Lew, there's one Hebrew translation for fear, *norah*: Alan Lew, *Be Still and Get Going: A Jewish Meditation Practice for Real Life,* Little, Brown, 2005

Like that time when he was profiled very early in his career ...: Patricia Nicol, 'Interview: Face value', *Sunday Times*, 26 June 2005

'Go home and listen to your Take That albums ...': Letters to the editor, NME, 6 January 1996

'The funny part is I hate the girls at the concerts too ...': Letters to the editor, NME, 10 February 1996

'I'm sorry there aren't more women writing for this book': John Aizlewood, 'Introduction', *Love Is the Drug*, ed. John Aizlewood, Penguin, 1994

'Mom Hasn't Ordered Favorite Pizza Topping in over a Decade', The Onion, 27 March 2013

In the US, fathers get almost twice as much child-free leisure time as mothers: Lyn Craig & Killian Mullan, 'Parental Leisure Time: A Gender Comparison in Five Countries', *Social Politics: International Studies in Gender, State and Society*, volume 20, number 3, 2013, pp. 329-357

... in the UK, men get over an hour of extra leisure time every day: 'Leisure time in the UK: 2015', Office for National Statistics, London, 24 October 2017

A 2018 study found that one in three Australian women ...: 'Women's Health Survey 2018', Jean Hailes for Women's Health, Melbourne, 1 September 2018

'How can you be this dissatisfied when you have this much? ...': Taffy Brodesser-Akner, 'Quantum Physics for Birthdays', On Being 40(ish), ed. Lindsey Mead, Simon and Schuster, 2019

'Invisible leisure': Brigid Schulte, Overwhelmed, Bloomsbury, London, 2014

'Mom Spends Beach Vacation Assuming All Household Duties In Closer Proximity to Ocean', *The Onion*, 8 September 2013

Fast-forward several decades to a Benedict Cumberbatch profile in *The Times Magazine* ...: Caitlin Moran, 'What's not to love about Benedict Cumberbatch?', *Times Magazine*, 11 May 2013

Fangirls, the music critic Anwen Crawford writes, are 'bad and wrong' ...: Anwen Crawford, 'Female fandom and Jessica Leski's "I Used to be Normal"', *The Monthly*, December 2018–January 2019

Blur's bassist Alex James later described this decision ...: No Distance Left to Run, Pulse Films, 2010

'An ocean of 20,000 wide-opening mouths, hundreds of pleading white eyes, 40,000 palms raised skywards': Jonathan Heaf, 'Pop Inc.', *GQ*, September 2013

A lot of us have to 'dig deep about the cool issue': Brené Brown, Daring Greatly, Penguin Life, 2015

## PART TWO: BENEDICTION

Ellipsical, 'whiskies neat', Archive of Our Own, 2018

Adolescent girls, Ariel Levy writes in *Female Chauvinist Pigs*, are pressured to *seem* sexy: Ariel Levy, *Female Chauvinist Pigs*, Black Inc., 2010

This is not without consequence ...': Katherine Rowland, The Pleasure Gap, Seal Press, 2020

The author, psychoanalyst Ethel S Person, says that fantasy ...: Ethel S. Person, *The Force of Fantasy*, HarperCollins, 1996

'Fanfiction is to writing what a cake mix is to gourmet cooking': Robin Hobb, 'The Fan Fiction Rant', May 2005, robinhobb.com/rant.html

'Finally, a question about something important ...': Stephen Hawking, 'Ideas at the House', public talk, Sydney Opera House, 27 April 2015

There's this wonderful phrase from a scholar of Old French ...: Nancy Freeman Regalado, *Poetic Patterns in Rutebeuf*, Yale University Press, 1970

Elizabeth Caplice, 'meaningfulness: or why I like fancy soda', 'sky between branches' (blog), 27 April 2016

'Tell me, what is it you plan to do / with your one wild and precious life?': Mary Oliver, 'The Summer Day', *The House of Light*, Beacon Press, 1990

'You only have to let the soft animal of your body / love what it loves': Mary Oliver, 'Wild Geese', *Dream Work,* Grove/Atlantic, 1986

In an excellent essay for *Catapult* magazine about fanfiction ...: Emilia Copeland Titus, 'Atrophy of the Author: In Fanfiction, Writers and Readers Are on More Equal Ground', *Catapult*, 16 July 2020

'I have boyfriends coming up to say, "My girlfriend is obsessed with you," : John Powers, 'It's a Benedict Cumberbatch Moment: The Oscar-Poised Rise of *The Imitation Game* star', *Vogue*, December 2014

I'd just finished reading a *New Yorker* story about British explorer Henry Worsley's all-consuming obsession with walking across Antarctica: David Grann, 'The White Darkness', *New Yorker*, February 12 & 19 2018

'The idea of being in an art gallery, and looking at a piece of art ...': 'Benedict Cumberbatch – *The Current War*', 'Awards Chatter' (podcast), 19 September 2017

There's a study about that: researchers asked American women to consider the messages they receive about how they're *supposed* to act, think and feel ...: James R. Mahalik, Elisabeth B. Morray, Aimée Coonerty-Femiano et al, 'Development of the Conformity to Feminine Norms Inventory', *Sex Roles*, 2015, issue 52, pp.417–435

LGBTQIA+ women and gender-nonconforming people have endorsed them to the same extent ...: Emily L. Brown, Elin Ovrebo, Hannah E. Emery & Madeline Stenersen, 'The Validity of the Conformity to Feminine Norms Inventory with Sexual and Gender Minority Women', *Journal of LGBT Issues in Counseling*, 2020, volume 14, issue 1, pp.56-68

'I'm a man. It's just not the same ...': Nadeem Badshah, 'Poldark star says shirtless scene gave him more empathy for women', *The Guardian*, 9 July 2019

'The things he can do with his mouth are quite amazing,' writes the *New Statesman* in their review ...: Rachel Cooke, 'Parade's End: Smitten by Benedict Cumberbatch's amazing mouth', *New Statesman*, 23 August 2012

Tracy Clark-Flory, 'Jagged Little Pill Is Actually Very Bad???', Jezebel, 25 March 2019

Kay Hanley, 'In Defense of Alanis Morissette's 'Jagged Little Pill,' by Letters to Cleo's Kay Hanley (Guest Column)', *Variety*, 29 March 2019

The pioneering feminist psychologist Carol Gilligan calls this process ...: Carol Gilligan, *The Birth of Pleasure*, Knopf, New York, 2002

Eve Ensler, of *The Vagina Monologues* fame, says that when we get caught up in fitting in ...: Eve Ensler, *I Am an Emotional Creature*, Villard, New York, 2011

'the predictable crises of adulthood': Gail Sheehy, Passages, E. P. Dutton, New York, 1976

## PART THREE: UNENCUMBERED

The 'truth about getting older is that there are fewer and fewer things ...': Jenny Offill, *Dept. of Speculation*, Granta, London, 2014

'When we look at a girl story, most of us go a tiny bit stupid ...': Lili Loofbourow, 'The Male Glance', VQR, volume 94, issue 1, spring 2018

Eve Rodsky, in her book Fair Play, calls it 'unicorn space': Eve Rodsky, *Fair Play*, Putnam, New York, 2021

In *Overwhelmed*, Schulte quotes Stuart Brown ...: Brigid Schulte, *Overwhelmed*, Bloomsbury, London, 2014

Abby Wambach, the former star forward in the American women's soccer team, talks about this ...: 'Fun: What the hell is it and why do we need it?', We Can Do Hard Things with Glennon Doyle, 1 June 2021

Social trends researcher Rebecca Huntley says Australian men ...: Rebecca Huntley, 'We're all busy, but is it really that we don't have enough time?', ABC Everyday, 11 September 2018

'For centuries we have been letting men be men ...': Lisa Taddeo, "I've decided to stop apologising": Lisa Taddeo on women and rage', *The Guardian*, 13 June 2021

'We're so past that dumb outdated narrative ...': Rob Sheffield, 'The Eternal Sunshine of Harry Styles', *Rolling Stone*, issue 1331, September 2019

'My feelings are my own. I want to own those feelings': Hannah Ewens, *Fangirls*, Quadrille, London, 2019

That was the conclusion reached by the writer Anne Helen Petersen too: Anne Helen Petersen, 'how does your ugly garden grow', Culture Study newsletter, 23 August 2020

'If you suddenly and unexpectedly feel joy, don't hesitate. Give in to it.': Mary Oliver, 'Don't Hesitate', *Swan*, Beacon Press, Boston, 2010

This fosters the hope, the writer Nina Shen Rastogi says ...: 'Why Do Girls Love Horses, Unicorns and Dolphins?', *All Things Considered*, 9 February 2011

# APPENDIX

The author of a 2007 profile in *The Times* can hardly control himself ...: Bruce Dessau, 'Benedict Cumberbatch's rising star', The Times, 3 November 2007

We have an instinctive urge to make rhymes, linguist Kate Burridge says ...: Kate Burridge & Alexander Bergs, *Understanding Language Change*, Routledge, London, 2017

The 'Internet Linguist', Gretchen McCulloch, did a great explainer for *The Toast* ...: Gretchen McCulloch, 'A Linguist Explains the Rules of Summoning Benedict Cumberbatch', *The Toast*, 2 December 2013

'When it first broadcast, I was up on Twitter ...': saradobiebauer.tumblr.com/post/98489228751/caitlin-moran-on-benedict-cumberbatch

'I will always remember that "How to Disappear Completely" by Radiohead was playing ...': Benedict Cumberbatch, 'How to Disappear Completely - Radiohead', *Inspired by Music*, Shoehorn Publishing, London, 2009

In a *Sunday Times* profile from 2005, the journalist Patricia Nicol says ...: Patricia Nicol, 'Face value', *Sunday Times*, 26 June 2005

Karen Brill, 'Benedict Cumberbatch's Own Mother Thought He Wasn't Hot Enough to Play Sherlock Holmes', *Vulture*, 22 December 2016, Vulture.com/2016/12/benedict-cumberbatchs-mom-said-he-wasnt-sherlock-hot.html

'You promised us a sexy Sherlock, not him': Samantha Highfill, 'BBC thought Benedict Cumberbatch wasn't sexy enough to be Sherlock', *Entertainment Weekly*, 28 May 2014

'He was a weird man a few minutes ago ...': Sarah James, 'Is Benedict Cumberbatch sexy enough to be Sherlock?', *Digital Spy*, 11 December 2016.

'I've grown up with this face and it's been in the industry for ten years ...': 'In Conversation with Benedict Cumberbatch', BAFTA New York live interview series, 13 February 2014, vimeo.com/86804331

'At certain angles he looks like my aunt': Chris Azzopardi, 'Q&A: Rufus Wainwright Talks Aging, North Carolina, the Benedict Cumberbatch Conundrum & "Sensitive" Gays', *Pride Source*, 12 May 2016

'Oh, no!' he says. 'I've got a bit of ceviche splat on your fucking Samsung ...': Jada Yuan, 'Benedict and the Cumberbitches', *New York Magazine*, 17 November 2014

'I was like, *This is weird*. And I told them that, and they were mortified ...': Nick Britten, "Posh baiting" may drive Benedict Cumberbatch to the US', *The Telegraph*, 14 August 2012

Speaking to MTV, he says he's 'startlingly aware' of it ...: Kara Warner, 'Benedict Cumberbatch Flattered by Racy Sherlock Fanfic', *MTV News*, 2 May 2012

Stephen Fry tells a story in his memoir of how he once judged a reading competition at Harrow: Stephen Fry, *More Fool Me*, Penguin, London, 2015

Martin Tyrell, Benedict Cumberbatch's drama teacher, told the *Radio Times*: Stuart Kemp, 'Private schooling can hinder actors, says Benedict Cumberbatch's teacher', *The Guardian*, 3 February 2015

'I have seen pictures of that and it's quite scary ...': Benjamin Secher, 'Benedict Cumberbatch returns in Parade's End', *The Telegraph*, 11 August 2012

He was also 'big into *NME*': Alex Flood, 'Benedict Cumberbatch: "Techno was my bag at uni – I went clubbing a lot", *NME*, 18 November 2021

He tells *GQ*'s Stuart McGurk he had a blast ...: Stuart McGurk, 'The many lives of Benedict Cumberbatch', *GQ*, 31 December 2013

'It's Good News to Know I'm Still Fanciable' is the headline of a *TV Times* story about Wanda ...: Kenneth Passingham, 'It's Good News to Know I'm Still Fanciable', *TV Times*, 22 March 1975

The next time we see Wanda in the *TV Times*, she's photographed ...: Jill Whiffing, 'Sex Appeal from a Curvy Mum-to-Be', *TV Times*, 14 February 1976

'I've been trapped with men in elevators who say to me ...': 'Mum's the weird', *Daily Mirror*, 28 December 2013

'He has been rather vile today, though ...': Stewart Knowles, 'Timothy, Wanda ... and the rose that changed her mind about marriage', *TV Times*, July 1979

'the elastic on his trunks snapped ...': Stewart Knowles, 'Wanda and that touch of class', *TV Times*, February 1982

'Saturday afternoons I'm at the ironing board ...': Judith Simons, 'My Weekend', *Women's Realm*, October 1989

'Stars and Their Hot Moms' is the title of a *People* magazine story from 2014 ...: 'Stars and Their Hot Moms', *People*, 5 May 2014

'The fact is his parents are both actors, really good actors, so it was irresistible': Paul Jones, 'Benedict Cumberbatch's parents cameo in Sherlock series 4 finale', *Radio Times*, 19 January 2017

'My massive motivation in life is to make them proud': Thom Yorke, 'Benedict Cumberbatch', *Interview*, November 2017

MaryJanice Davidson, 'I am a proud Cumberbimbo', With Love, 13 October 2014

'These are very intelligent, smart, driven, independent girls, mainly ...': Cited in 'Benedict Cumberbatch Says His Fans Are "Intelligent, Smart, Driven, Independent Girls"', Just Jared, 28 November 2014

In a 2014 *Out* magazine profile, he managed, in the one interview ...: Aaron Hicklin, 'The Gospel According to Benedict', *Out*, November 2014

A Danish fan studies scholar, Dr Line Nybro Petersen, would later make good use of the term ...: Line Nybro Petersen, "The florals": Female fans over 50 in the Sherlock fandom', *Transformative Works and Cultures*, volume 23, issue 1, March 2017

'He stood there instructing them in the street ...': Matt Wilkinson, Chloe Kerr & Chloe Mayer, 'The Hounding of the Bicycles: Benedict Cumberbatch saves defenceless Deliveroo cyclist from brutal assault by gang of four muggers', *The Sun*, 2 June 2018

'There are real-life heroes out there ...': Alex West, 'Humble Holmes: Sherlock star Benedict Cumberbatch insists "I'm no hero" after saving Deliveroo biker from gang', *The Sun*, 5 June 2018

We have data on fic and sex courtesy of a survey of two thousand fans by the Three Patch Podcast: three-patch.com/sexsurvey/

'Perversely, I am probably one of the stupidest actors I know ...': Cited in: Aleksandra Pavlovska, "I'm one of the stupidest actors I know": Benedict Cumberbatch explains why he chooses to portray extremely intelligent people on screen', *Daily Mail*, 19 November 2018

'You would have to be a pretty smart cookie to keep up with him ...': Grant Rollings, 'Ben has trouble with girlfriends because he's so like Sherlock', *The Sun*, 14 January 2012

'Good grief, that's a really unfair question': Nicola Christie, 'Bright star', The Times, 10 April 2004

'Yeah, I could definitely scrub up in the little aeroplane loo ...': Marvel Studios Facebook live stream: 'Your questions are STACKED! We're LIVE with Benedict Cumberbatch and Tilda Swinton from Doctor Strange!', Marvel Studios, 20 October 2016

'There were people standing there with boogie boards ...': TIFF Tribute Awards press conference, Toronto, 12 September 2021, video showing quote: twitter.com/Yassammez/status/1436712037980196865

Comedy writer John Finnemore captures this in a short skit he produced for BBC radio ...: 'What's Benedict Cumberbatch really like?', *Funny in Four*, BBC Radio 4, 25 January 2017

'Oh my God! Fuck! It's Sherlock! You're Sherlock! Oh God!': Stuart McGurk, 'The many lives of Benedict Cumberbatch', *GQ*, 31 December 2013

'no one calls George Clooney "Doug Ross" any more': Stuart McGurk, 'The many lives of Benedict Cumberbatch', GQ, 31 December 2013

'I would be *devastating* ...': 'Benedict Cumberbatch talks sex & Sherlock', *Elle UK*, 29 October 2014

'We had a giggle about it ...': Bruce Dessau, 'Benedict Cumberbatch's rising star', *The Times*, 3 November 2007

Benedict Cumberbatch says he's aware of some 'obsessive, deluded, really scary' fan behaviour ...: Michael Schulman, 'The Mind-Bending Benedict Cumberbatch', *Vanity Fair*, November 2016

On the subject of Benedict Cumberbatch's objectification, Caitlin Moran asked him ...: Caitlin Moran, "I had to posh up for Patrick Melrose": Benedict Cumberbatch on fame, #MeToo – and wild swimming', *Radio Times*, 12–18 May 2018

As Bill Bryson reports in his book The Body ...: Bill Bryson, The Body, Random House, London, 2020

'If it's centred around my name, to get investors, then we can use that attention for a raft of female projects': Caitlin Moran, "I had to posh up for Patrick Melrose": Benedict Cumberbatch on fame, #MeToo – and wild swimming', *Radio Times*, 12–18 May 2018

'about passing that platform on to other people': Jamie Weiss, 'Benedict Cumberbatch Shares How To Be A Gentleman In An Upside-Down 2020', *DMARGE*, 9 October 2020

'I'm not wearing this to remain aloof and anonymous ...': Acceptance speech for 'Outstanding Achievement Award', South Bank Sky Arts Awards, London, 1 July 2018

The actress Keeley Hawes told a great story about this on *The Graham Norton Show* ...: *The Graham Norton Show*, ITV, series 19, episode 4, 15 April 2016

'I was never obsessive about anything I watched when I was a kid ...': Nick Setchfield, 'Benedict Cumberbatch', *SFX*, issue 234, June 2013

'seems a bit of a wrench. I don't know if I could do it with a kid of eight': Stuart McGurk, 'The many lives of Benedict Cumberbatch', GQ, 31 December 2013

He has a recurring dream, he told *Harper's Bazaar*, where he's been abandoned ...: 'My Cultural Life' video interview, *Harper's Bazaar*, September 2010

In a later interview he'd clarify his feelings about the experience ...: Annabel Brog, 'To be or not to be', *Elle*, December 2014

'She's going to hate me for saying that!': 'Benedict Cumberbatch on His Favourite TV Shows', BAFTA TV Awards 2019 red carpet interview, 13 May 2019

'I really, really love my job ...': John Powers, 'It's a Benedict Cumberbatch Moment: The Oscar-Poised Rise of *The Imitation Game* star', *Vogue*, December 2014

'I started preparing for Hamlet when I was seventeen. Probably before that': 'Sherlock Q & A', StarFury: Elementary convention, Birmingham, 9 February 2014

'Benedict Cumberbatch's Bottom Will Long Be Remembered': Grant Rollings, 'Ben has trouble with girlfriends because he's so like Sherlock', *The Sun*, 14 January 2012

Speaking with Claire Foy in a Variety 'Actors on Actors' video ...: 'Actors on Actors: Benedict Cumberbatch and Claire Foy', *Variety*, 5 June 2018

'It's a great disservice to a wonderful woodland amphibious creature': John Powers, 'It's a Benedict Cumberbatch Moment: The Oscar-Poised Rise of *The Imitation Game* star', *Vogue*, December 2014

'Posh Aliens have landed!! HATE this photo ... Ah well!!' ...:

reddit.com/r/Cumberbitches/comments/2a4e0p/posh\_aliens\_have\_landed\_hate\_this\_photo\_ah\_w ell/

But The *Spectator*'s Mary Wakefield, who is also Cummings's wife, described what happened as 'a hell of a thing' ...: Mary Wakefield, 'The imitation game', *Spectator*, 15 December 2018

'Cumberbatch doesn't so much throw himself into each role as get sucked into them': Stuart McGurk, 'The many lives of Benedict Cumberbatch', *GQ*, 31 December 2013

Vanity Fair says, 'a kind of imaginary dress-up doll': Michael Schulman, 'The Mind-Bending Benedict Cumberbatch', Vanity Fair, November 2016

Harry Styles and Benedict Cumberbatch have appeared in public together once ...: *The Late Late Show with James Corden*, CBS, episode 644, 17 June 2019

Benedict Cumberbatch once opened a door for a sparrow: Michael Schulman, 'The Mind-Bending Benedict Cumberbatch', Vanity Fair, November 2016

'After all, what am I? I'm just a cipher for the culture ...': 'Benedict Cumberbatch – *The Current War*', Awards Chatter podcast, 19 September 2017